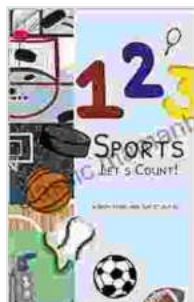


Sports Let Count: Hannah Sutherland's Journey to Paralympic Glory



Sports Let's Count! by Hannah Sutherland

★★★★★ 5 out of 5

Language : English

File size : 5280 KB

Print length : 26 pages

Lending : Enabled

Screen Reader : Supported

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Hannah Sutherland is a Paralympic swimmer who has competed in three Paralympic Games. She has won a total of 10 medals, including five gold medals. In this article, we will learn about Hannah's journey to Paralympic glory, her challenges, her triumphs, and her inspirations.

Early Life and Career

Hannah Sutherland was born in Aberdeen, Scotland on August 10, 1988. She was born with spina bifida, a birth defect that affects the spinal cord. As a child, Hannah had to use a wheelchair to get around. She started swimming at the age of 10 as a way to improve her mobility. She quickly discovered that she had a natural talent for swimming. She began competing in swimming competitions at the age of 12. In 2004, she won her first international medal at the European Championships.

Paralympic Games

Hannah Sutherland made her Paralympic debut at the 2008 Summer Paralympics in Beijing. She won a total of three medals, including two gold medals. She also competed in the 2012 Summer Paralympics in London and the 2016 Summer Paralympics in Rio de Janeiro. She won a total of seven medals at these two Games, including three gold medals.

Challenges

Hannah Sutherland has faced many challenges in her life. She has had to overcome the challenges of living with a disability. She has also had to overcome the challenges of being a female athlete in a male-dominated sport. However, Hannah has never given up on her dreams. She has always believed that she can achieve anything she sets her mind to.

Triumphs

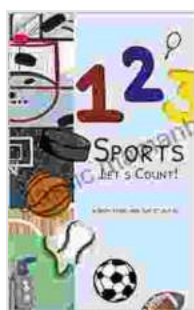
Hannah Sutherland has achieved many triumphs in her life. She has won 10 Paralympic medals, including five gold medals. She has also set world records in swimming. Hannah's triumphs are an inspiration to people all over the world. She shows that anything is possible if you set your mind to it.

Inspirations

Hannah Sutherland is inspired by many people. She is inspired by her family, her friends, and her coaches. She is also inspired by other athletes who have overcome adversity to achieve their goals. Hannah's inspirations help her to stay motivated and to never give up on her dreams.

Hannah Sutherland is a role model for people all over the world. She is a shining example of what can be achieved if you set your mind to it.

Hannah's story is an inspiration to us all.



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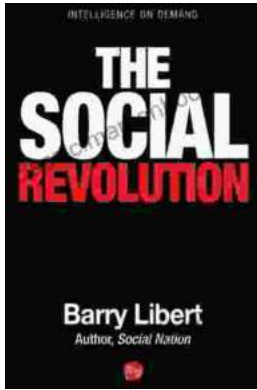
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